30th MCPM 2026

MALAYSIAN CONFERENCE OF PSYCHOLOGICAL MEDICINE

BREAKING BARRIERS BUILDING HOPES

23–25 OCTOBER 2026

InterContinental Kuala Lumpur

PRE-CONFERENCE WORKSHOP
23 OCTOBER 2026 | FRIDAY

BALLROOM 1

START	END	TOPIC
0700	0830	Registration
0830	1200	**PRE-CONFERENCE WORKSHOP I** **Handling Difficult Conversations: Tips For Health Care Professionals** Dr Johari Khamis (Chairperson) Dr Suhaila Mohd Som Dr Nusrat Najmin Khan Dr Ng Boon Seng Dr Farah Nabila Bt Abdul Majid
1400	1430	Registration
1430	1830	**PRE-CONFERENCE WORKSHOP II** **From Synapses to Clinical Practice: Understanding Neuromodulation Therapies** Dr Sivenanthini Visvanathan (Chairperson) Dr Kenny Ong Kheng Yee Dr Chhoa Keng Hong Dr Mohamad Iqbal Mohaini
		JUNIOR BALLROOM
1430	1830	**PRE-CONFERENCE WORKSHOP III** **Insomnia Across the Psychiatry Spectrum: Translating Sleep Science into Clinical Practice** Dr Norni Abdullah (Chairperson) Dr Surina Zaman Huri Prof Dr Nik Ruzyanei Nik Jaafar Dr Ng Chong Guan

CONFERENCE DAY 1 | 24 OCT 2026 | SATURDAY

BALLROOM 2 & 3

START	END	TOPIC
0700	0830	Registration
0830	0900	**PLENARY 1 / KEYNOTE ADDRESS** **Building Hope: Shaping the Future of Mental Health Care** **Dr Ng Chong Guan** *Chairperson: Dr Ting Joe Hang*
0900	0945	**OPENING CEREMONY** **Masters of Ceremony:** • Dr Aliaa Binti Juares Rizal • Dr Ng Boon Seng **Bacaan Doa:** Dr Muhammad Hanif Abd Latif **Opening Address:** Dr Mohd Fadzli bin Mohamad Isa **(President, Malaysian Psychiatric Association)** **Tribute and Remembrance:** • Tan Sri Dato' Seri Dr M. Mahadevan • Professor Dato' Dr N. Rajagopal • Professor Dr Marhani Midin • Dr Susan Ong • Dr Haji Mohd Aminuddin bin Mohd Yusof **PROF M. PARAMESHVARA DEVA EXCELLENCE AWARD** **Tribute Narration:** • Dr Abdul Rasyid Sulaiman • Dr Aishah Siddiqah Alimuddin • Dr Farah Nabila bt. Abdul Majid **Masters of Ceremony:** • Dr Farah Nabila bt. Abdul Majid • Dr Muhammad Hanif Abd Latif **Award citation:** Dr Abdul Rasyid Sulaiman **Presentation of the Award:** • Dr Mohd Fadzli Bin Mohamad Isa **(President, Malaysian Psychiatric Association)** • Dr Ng Chong Guan **(President-Elect, Malaysian Psychiatric Association)**
0945	1000	Tea Break
1000	1030	**PLENARY 2** ***(Sponsor: Zuellig Pharma Sdn Bhd)*** **Breaking the Cycle: Recognising and Managing MDD in Patients with Substance Use Disorder** **Dr Munidasa Winslow** *Chairperson: Dr Noor Melissa Nor Hadi*
1030	1100	**PLENARY 3** ***(Sponsor: Servier Malaysia Sdn Bhd)*** **Uncovering the Hidden Burden: Assessing Anxious Distress in MDD** **Dr Ng Chong Guan** *Chairperson: Dr Ting Joe Hang*
1100	1130	**PLENARY 4** ***(Sponsor: Marubeni Malaysia Sdn Bhd)*** **LATUDA in Bipolar Depression: Translating Evidence into Treatment Choices in Clinical Practice** **Dr Lu Tsung Hua** *Chairperson: Dr Chow Soon Ken*
1130	1200	**PLENARY 5** ***(Sponsor: Otsuka Pharmaceuticals (Malaysia) Sdn Bhd)*** **Leading A New Era in Managing Agitation Associated with Alzheimer's Dementia (AAD)** **Assoc Prof Dr Esther Gunaseli A/P M.Ebenezer** *Chairperson: Dr Sivenanthini Visvanathan*
1200	1245	**LUNCH SYMPOSIUM** ***(Sponsor: Mitsubishi Tanabe Pharma Malaysia Sdn Bhd)*** **Beyond Diagnoses: One Molecule, Multiple Dimensions. "The Transdiagnostic Potential of Cariprazine"** **Prof Dr Jesjeet Singh Gill Jeswant Singh** *Chairperson: Dr Chow Soon Ken*
1245	1400	Lunch

	BALLROOM 2 & 3	JUNIOR BALLROOM	BALLROOM 1
1400–1530	**SYMPOSIUM 1** **The Silver Tsunami and Geriatric Mental Health in Malaysia: Breaking Barriers, Building Hope** *Chairperson: Dr Aishah Siddiqah Alimuddin* ***Breaking the barrier of Ageism: Finding Meaning and Hope in Later Life*** **Dr Bharathi Vengadasalam** ***Biomarkers in Dementia: Latest trend and Clinical Implications*** **Dr Chan Yee Fai** ***The Silver Tsunami: Are We Ready as Psychiatrists?*** **Dr Surina Zaman Huri**	**SYMPOSIUM 2** **Breaking Barriers, Building Hopes - The role of Community & Rehabilitation Psychiatry Services** *Chairperson: Dr Siti Hazrah Binti Selamat* *Co-Chairperson: Dr Firdaus Dato' Abdul Ghani* ***Breaking Barriers in Access to Treatment 1 – Community Psychiatry Team*** **Dr Vicky Loo Tsui Huei** ***Breaking Barriers in Access to Treatment 2 – Integrating Quality Mental Healthcare in Primary Care Settings Through the MIND program*** **Dr Mohd Zulqisti bin Mohd Zulkifli** ***Breaking Barriers in Education – The PERINTIS Program*** **Dr Zury Shahidli bin Kadir** ***Breaking Barriers in Employment – The RESTART Program*** **Dr Muhammad Adib bin Baharom**	**SYMPOSIUM 3** **Psychiatry in the Digital Era: Elevating Care & Training Through AI and Digital Innovation** *Chairperson: Dr Yuen Wai Chong* ***FlexMinda & Psych Ease: Augmenting Psychiatric Care with an AI-Powered Mobile Platform*** **Assoc Prof Dr Nur Faizah Ali & Dr Mohd Zuhairi Zainuddin** ***FlexMinda: Beyond Innovation: Evidence, Validation, and Sustainable Funding*** **Assoc Prof Dr Salina Mohamed** ***V-PROB - Web-Based Interventions in Psychiatry: Expanding Access to Mental Health Care & Empowerment*** **Prof Dr Salmi Razali & Dr Nor Hidayah Jaris** ***Learning and Mental Health Interventions Through MOOCs and Virtual Reality*** **Assoc Prof Dr Nurul Azreen Hashim**

	JUNIOR BALLROOM	BALLROOM 1	BALLROOM 2 & 3
1530–1700	**SYMPOSIUM 4** **The Medical Student Journey: Mind, Motivation and Meaning** *Chairperson: Dr Farah Nabila bt Abdul Majid* ***Beyond Knowledge: Metacognitive Awareness and Academic Achievement among Medical Students*** **Dr Abdul Rasyid Sulaiman** ***Understanding success: How Academic Self Concept and Metacognitive Awareness Shape Medical Student Achievement*** **Dr Shane Varman A/L Pannir Selvam** ***Faith as a Source of Resilience: Religious Coping in Medical Students*** **Dr Tesini M. Paramannantha Veloo**	**SYMPOSIUM 5** **The Architecture of Recovery: Dismantling Therapeutic Asymmetry and Rewiring Neurocircuitry in Addiction Psychiatry** *Chairperson: Dr Muhamad Arif Mohamad Rasat* *Co-Chairperson: Dr Mohd Fadzli Bin Mohamad Isa* ***The Same Patient, A Different Standard: Stigma in Addiction Psychiatry*** **Dr Mohd Hazreen bin Abdul Rashid** ***Breaking Barriers: Relapse Prevention in Addiction Recovery*** **Dr Sia Siaw Khing** ***Dopamine Detours: Rocking the Rhythm and Rewiring the Brain via Exercise and Music in Addiction Psychiatry*** **Dr Amir Zulhilmi bin Yahaya**	**SYMPOSIUM 6** **Interpersonal Psychotherapy with Cultural Adaptations for Conflictual Couples Relationships** *Chairperson: Dr Ng Boon Seng* ***Interpersonal Psychotherapy (IPT) with Cultural Adaptations for Conflictual Couple Relationships*** **Dr Xavier Vincent Pereira** ***When Love Speaks Different Languages: IPT in Neurodiverse Relationships*** **Dr Umi Adzlin Silim** ***Interpersonal Psychotherapy in Marital Conflict: Breaking the Negative Loop*** **Dr Stephanie Ong Boon Kheng** ***When Silence Becomes Conflict: Interpersonal Psychotherapy for Marital Interpersonal Dispute*** **Dr Farah Deena Abdul Samad**

BALLROOM 2 & 3

1730	1900	**23rd BIENNIAL GENERAL MEETING**

CONFERENCE DAY 2 | 25 OCT 2026 | SUNDAY

BALLROOM 2 & 3

START	END	TOPIC
0730	0830	Registration
		JUNIOR BALLROOM
0800	0915	**E-POSTER PRESENTATION** *Chairpersons: Dr Ling Shiao Ling and Dr Yuen Wai Chong* *Judges: Prof Normala Ibrahim and Prof Nik Ruzyanei Nik Jaafar*
		BALLROOM 2 & 3
0900	0930	**PLENARY 6** ***(Sponsor: Luye Pharma (Malaysia) Sdn Bhd)*** **A Lifetime of Women: The Art of Versatility** **Dr Umi Adzlin Silim** *Chairperson: Dr Noor Melissa Nor Hadi*
0930	1000	**PLENARY 7** ***(Sponsor: DKSH Malaysia Sdn Bhd)*** **Individualising Antidepressant Therapy: Where Does Mirtazapine Fit?** **Prof Dr Ahmad Hatim Sulaiman** *Chairperson: Dr Johari Khamis*
1000	1030	Tea Break

	JUNIOR BALLROOM	BALLROOM 1	BALLROOM 2 & 3
1030–1200	**SYMPOSIUM 7** **Psychiatrist with Faith: Religiosity & Psychospirituality in a Multireligious and Multicultural Community** *Chairpersons: Dr Ahmad Rostam Md Zin, Dr Ling Shiao Ling* ***Cognitive Dissonance in the Pew: Navigating the Clash Between Personal Theology and Clinical Reality in Christianity*** **Dr Vicky Loo Tsui Huie** ***Healing the Fractured Ego: Advaita Vedanta (Non Dualism) and Existential Distress*** **Dr Sabbitan Balakrishnan** ***Integrated Islamic Psychospiritual Intervention for High-Risk Sexual Behavior*** **Dr Radhiahtul Akmal Razali** ***Ancient Wisdom, Modern Healing: Mental Health Through the Lens of Buddhist Psychiatrist*** **Dr See Torng Lei**	**SYMPOSIUM 8** **Reframing Suicide Postvention for Psychiatrists: From Prediction to Compassionate Containment** *Chairperson: Dr Aliaa Binti Juares Rizal* ***Core Truths About Suicide: From Prediction and Blame to Compassionate Understanding*** **Dr Rachel Gibbons** ***Developing a National Online Suicide Postvention Balint Group for Psychiatrists in Malaysia: A NADIM Initiative*** **Dr Nur Iwana Abdul Taib** ***Feasibility of a Postvention Framework for Psychiatrists After Patient Suicide: Early Insights from Malaysia*** **Dr Muhammad Hanif Abd Latif**	**SYMPOSIUM 9** **Women at the Edge: Forensic Perspectives on Female-Perpetrated Homicide & Infanticide** *Chairperson: Prof Normala Ibrahim* ***Invisible Profiles: The Overlooked Demographics of Mentally Ill Women in the Justice System*** **Dr Muhammad Farhan Fitri Bin Jacob** ***Cloak of Silence: Women Who Kill*** **Dr Chua Sze Hung** ***Silent Tragedies: Socioeconomic Roots of Infanticide in Malaysia*** **Prof Dr Salmi binti Razali**

BALLROOM 2 & 3

1200	1230	**LUNCH SYMPOSIUM** ***(Sponsor: INNO ASIA Distribution Sdn Bhd)*** **Clinical Effectiveness of Standardized Saffron Extract Versus Methylphenidate in Children and Adolescents with ADHD** **Dr Hilario Blasco-Fontecilla** *Chairperson: Dr Firdaus Dato' Abdul Ghani*
1230	1400	Lunch

	BALLROOM 2 & 3	BALLROOM 1	JUNIOR BALLROOM
1400–1530	**SYMPOSIUM 10** **Narcissism or Autism? When Psychotherapy Helps and When It Harms** *Chairperson: Prof Dr Nik Ruzyanei Nik Jaafar* ***Narcissism or Autism or Both? The Power and Peril of Naming*** **Assoc Prof Dr Chong Seng Choi** ***Same Process, Different Perspectives: ACT Focused Psychological Flexibility for Autism and Narcissism*** **Dr Marina binti Abd Rahman Sabri** ***The Self as a System: Rethinking Autism and Narcissism through Family Therapy*** **Assoc Prof Dr Ruziana Masiran**	**SYMPOSIUM 11** **Behind Closed Doors: Sexual Distress and Mental Health in Men and Women** *Chairperson: Dr Aishah Siddiqah Alimuddin* ***Understanding Sexual Distress: Culture, Development, and the Stories Patients Never Tell*** **Dr Maryam Amaran** ***Ten Years of Practice-Based Insights from a Specialist Clinic: Psychological Profiles, Treatment Trajectories, and Lessons Learned in Vaginismus Management*** **Dr Umi Adzlin Silim** ***Beyond Performance: Erectile Dysfunction, Shame and The Silent Struggle of Intimacy*** **Dr Ahmad Faizal Shamsuddin**	**SYMPOSIUM 12** **Local Communities, Global Minds: Advancing Community Mental Health in Southeast Asia** *Chairperson: Dr Iwana Abdul Taib (Malaysia)* ***Continuity Beyond Crisis: A Case-Based Journey Through Community Psychiatry for High-Risk Mental Illness*** **Dr Pongsakorn Lengdee (Thailand)** ***Assertive Community Treatment in Malang, Indonesia: Principles, Practice, and a One-Year Implementation Report on Community Mental Health Empowerment*** **Dr Kresna Septiandy (Indonesia)** ***Building a Safer Ward, Building a Stronger Community: Lessons from a District Psychiatry Transformation in Malaysia*** **Dr Tow Zhen Jiang (Malaysia)**

BALLROOM 2 & 3

1530	1700	**CONFERENCE REVIEW AND CLOSING CEREMONY** **Masters of Ceremony:** Dr Ling Shiao Ling *and* Dr Yuen Wai Chong • Address by the incoming ECP Chair: *The Future of Early Career Psychiatrists* • Address by the incoming MPA President-Elect: *The Direction of Psychiatry in Malaysia: A Four-Year Vision* **E-POSTER AWARD CEREMONY** **Closing Remarks:** Dr Ng Chong Guan

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